

Week	Commercing	Round	Home Team		Away Team	Booking Pitch
03-May-2010		1	Cardiff Bay Barbarians	vs.	Glamorgan Centurions	Cardiff Bay Barbarians
03-May-2010		1	Cardiff Cougars	vs.	Mackintosh Church	Cardiff Cougars
03-May-2010		1	Glenwood	vs.	Welsh Blood Service	Glenwood
03-May-2010		1	SW Echo	vs.	Highway Hurricanes	SW Echo
17-May-2010		2	Glamorgan Centurions	vs.	Highway Hurricanes	Glamorgan Centurions
17-May-2010		2	Welsh Blood Service	vs.	SW Echo	Welsh Blood Service
17-May-2010		2	Mackintosh Church	vs.	Glenwood	Mackintosh Church
17-May-2010		2	Cardiff Bay Barbarians	vs.	Cardiff Cougars	Cardiff Bay Barbarians
24-May-2010		3	Cardiff Cougars	vs.	Glamorgan Centurions	Cardiff Cougars
24-May-2010		3	Glenwood	vs.	Cardiff Bay Barbarians	Cardiff Bay Barbarians
24-May-2010		3	SW Echo	vs.	Mackintosh Church	SW Echo
24-May-2010		3	Highway Hurricanes	vs.	Welsh Blood Service	Highway Hurricanes
07-Jun-2010		4	Glamorgan Centurions	vs.	Welsh Blood Service	Glamorgan Centurions
07-Jun-2010		4	Mackintosh Church	vs.	Highway Hurricanes	Mackintosh Church
07-Jun-2010		4	Cardiff Bay Barbarians	vs.	SW Echo	Cardiff Bay Barbarians
07-Jun-2010		4	Cardiff Cougars	vs.	Glenwood	Cardiff Cougars
05-Jul-2010		5	Glenwood	vs.	Glamorgan Centurions	Glenwood
05-Jul-2010		5	SW Echo	vs.	Cardiff Cougars	SW Echo
05-Jul-2010		5	Highway Hurricanes	vs.	Cardiff Bay Barbarians	Cardiff Bay Barbarians
05-Jul-2010		5	Welsh Blood Service	vs.	Mackintosh Church	Welsh Blood Service
12-Jul-2010		6	Glamorgan Centurions	vs.	Mackintosh Church	Glamorgan Centurions
12-Jul-2010		6	Cardiff Bay Barbarians	vs.	Welsh Blood Service	Cardiff Bay Barbarians
12-Jul-2010		6	Cardiff Cougars	vs.	Highway Hurricanes	Cardiff Cougars
12-Jul-2010		6	Glenwood	vs.	SW Echo	Glenwood
09-Aug-2010		7	SW Echo	vs.	Glamorgan Centurions	SW Echo
09-Aug-2010		7	Highway Hurricanes	vs.	Glenwood	Highway Hurricanes
09-Aug-2010		7	Welsh Blood Service	vs.	Cardiff Cougars	Welsh Blood Service
09-Aug-2010		7	Mackintosh Church	vs.	Cardiff Bay Barbarians	Cardiff Bay Barbarians